



## **Advanced Acupuncture course**

**By**

**Prof. K.K.Mishra**

**27-27 May 2012**

**At Hotel Atria, Palace Road, Bangalore**

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### A Brief Report

A three day advanced acupuncture course cum workshop by Prof.K.K.Mishra, Associate Professor, ARTTS, Allahabad was organized under the auspices of Academy of Acupressure and Acupuncture (AAA) on 27-29<sup>th</sup> May 2012 in Bangalore. The course is primarily for practitioners who have gone through basic course on acupressure and acupuncture and are practicing and the registration was limited to not more than 15 numbers to facilitate one to one interaction with course director. The entire structure of the course was planned by Dr.H.Bhojraj, Chairman, AAA in consultation with Prof.K.K.Mishra. The programme was coordinated by Mrs.Jija Subramanian. Chairman along with few trustees of AAA also registered for this programme and actively participated.

Prof Mishra conducted the course in his own style of articulation and metaphor to connect his message to reach the audience effectively. He also prepared and circulated

course contents (in English) ,supplement to a book in Hindi.

Basically he was handling the subject around the five basic elements with main emphasis on analytical approach/understanding (cause & effect) for all acupuncture points selection and application for treatment to be made more effective. The participants were energized throughout the course (all three days) .The feedback from participants is encouraging.

On the third day, during interactive sessions, Prof. Mishra highlighted eight effective acu points for general fitness. He also demonstrated on how to select acupuncture points and treatment for representative ailments among participants.

Dr.Bhojraj, Chairman, AAA reviewed the feedback from participants on the concluding day of the programme. He mentioned that this is the first programmed organized by AAA since its inauguration. He requested all the participants to practice whatever they have absorbed through this course for the next few months and similar such courses for the benefit of practitioners can be organized periodically through AAA. He profoundly thanked Prof. Mishra for coming forward to conduct this course and so also all the active participants. The programmed concluded with a small memento presentation to Prof. Mishra.

