



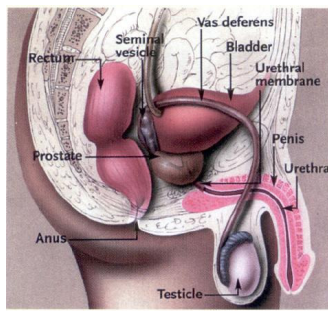
## Prostate Gland Problem

Acupuncture Research Team

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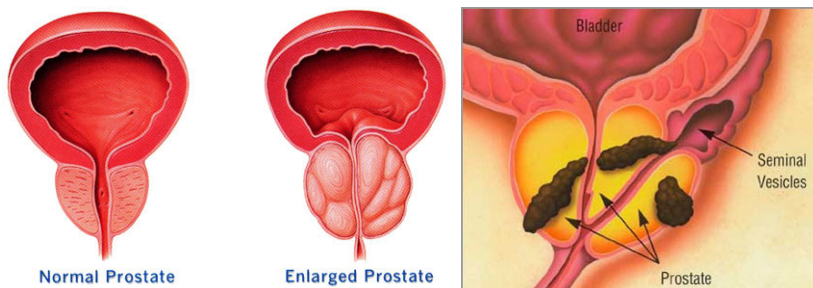
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Prostate gland is one of the main glands in the male and is responsible for providing fluid for sperms **transportation and starts giving problems for men over 50 years. Prostate gland is located in the** frontside of the rectum and just below the bladder where the urine is stored. The gland surrounds the urethra, which is the canal through which urine passes out of the body.

The most common problems of the prostate with age are:



1. Prostatitis
2. Enlarged prostate-benign prostatic hypertrophy
3. Prostate cancer

### Pathogenesis

1. Downward flow of damp heat may cause enlargement of prostate gland
2. Combination of stasis and turbid pathogen may cause enlargement
3. Deficiency of spleen and Kidney may cause the enlargement

### **Symptoms**

1. Pain and frequent urination especially in the night
2. Dragging and distending pain in the perineum
3. Dribbling of urine and feeling of incomplete urination
4. Turbidity of urine

### **Pulse Observation**

Weak and rapid pulse at Urinary Bladder and Kidney pulse positions on the left wrist

### **Treatment**

↓ K-2, ↑ K-10, ↓ K-3 and ↓ P-8

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**Images used in this article are for ease of illustration.**

**Courtesy: Internet**